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20/9/16

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H.O.: VVKI, Gate No. 1, Art of Living
Intn'l Campus, 21st KM, Kanakpura Road,
Udayapura, Bengaluru - 560082

28/9



No.: GEP/DEL/16/C3

Date: 14-September-2016

Sent By: Email (Copy)

To,
Chief Secretary
Govt. of Odisha
Bhubaneswar, Odisha

**Subject: DoPT sponsored Training Program on "Personal Excellence" by
Art of Living Foundation at Bengaluru from 7-11 November, 2016**

Respected Sir,

The Department of Personnel and Training, Government of India, vide D.O. No. 12017/02/2016-TNP(S) dated 31/08/2016 is sponsoring a 5-day Training Programme titled "Competencies for Personal Excellence in Public Governance" by Art of Living Foundation, Bangalore from 7-11 November, 2016. Officers of IAS/IPS/IFoS; Group 'A' officers posted under Central Staffing Scheme; and officers of CSS/CSSS are eligible to participate (detailed criteria enclosed).

The Art of Living (AOL), founded in 1981 by 'Padma Vibhushan' Sri Sri Ravi Shankar, is an internationally acclaimed Institution which has over the last three and a half decades, developed various Yoga based Professional Training Programmes, designed to suit diverse groups. With operations in 155 countries, AOL is considered one of the world's largest volunteer-based NGOs/CSOs.

Participants of similar Training Programmes have reported following benefits:

1. Relief from stress & anxiety
2. Higher self-awareness and control
3. Greater personal energy and stamina
4. Positive personal disposition and building a positive work environment
5. Higher productivity and efficiency
6. Developing instinctive sense of ethics and values
7. Enabling stronger sense of belongingness and empathy within teams

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8. Greater emotional awareness and restraint; reduction in negative emotions like anger and frustration
9. Improvement in Health on several parameters incl. Immunity, Metabolism, Cardio-Vascular function, Anti-oxidants, fighting Cancer etc

The Programme shall be held at **Art of Living's international Center at Bengaluru**. The Center, situated in the midst of Panchagiri Hills, is an ideal location for reflection and rejuvenation. Parallel Yoga/Meditation Programmes for spouse and children can also be arranged. A Brief about the Program is enclosed; further details may be viewed at www.artofliving.org/in-en/cpe.

In view of the tremendous benefits delivered by the Programme, we truly believe that officers working with you will gain significantly by participating in it. **We therefore request you to give this program wide publicity and encourage eligible officers to join this Programme in large numbers.**

Sincerely

Sd/-

(Pushp Dant)

National Director (Govt. Programmes)

Vyakti Vikas Kendra India

The Art of Living

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Enclosed:

1. Brief of the Training Programme
2. About Art of Living
3. DoPT D.O. No. 12017/02/2016-TNP(S) dated 31/08/2016, including information w.r.t. Registration for the Programme

TRAINING PROGRAMME DETAILS

Title: Competencies for Personal Excellence in Public Governance
Dates: 7-11 November 2016 (Monday-Friday)
Arrival: 6/11/2016 (Sunday) Evening Hours
Departure: 12/11/2016 (Friday) Evening Hours onwards
Organization: The Art of Living Foundation, Bengaluru
Place: Art of Living International Campus, 21st KM, Kanakpura Road, Udaypura, Bengaluru – 560082
Program Webpage: www.artofliving.org/in-en/cpe

Objective:

The Program has been tailor-made to build and upgrade following competencies identified in the National Training Policy 2012 for public servants. These competencies are mostly personal or intrinsic in nature. The program is targeted to facilitate the process of self-awareness and introspection bringing out these innate qualities which are central to good governance. The Program focuses on participative processes, games, discussions, experiential sharing, problem solving techniques, group activities, Yoga & Meditation etc. to achieve desired impact while lectures and PowerPoint content is minimal. Depending upon the size, a large group may be broken down into smaller homogenous groups for better customized delivery.

Table: Competencies under NTP 2012 targeted by the Training Programme

Category	Competency
Ethos	(1.1) People First, (1.4) Commitment to the Organization, (1.5) Leading Others
Ethics	(2.1) Integrity, (2.2) Self Confidence, (2.4) Takes Accountability
Equity	(3.3) Empathy
Efficiency	(4.3) Initiative and Drive, (4.10) Self-Awareness & Self-Control, (4.11) Communication Skills, (4.12) Team-Working

Participation of Spouse/Family

Spouse/family members are welcome to accompany the eligible officers and enjoy the campus. Parallel yoga/meditation programs for spouse and children can be arranged on request at an additional cost as applicable. Prior intimation is necessary.

Enquiries:

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Email: pushp.dant@artofliving.org, gep@vvki.net

Correspondence Address: Room No. 202, Temple of Knowledge, B-182/A, Sec-48, Noida (UP) 201303

Head Office: Vyakti Vikas Kendra India, Gate No. 1, Art of Living International Center, 21st KM, Kanakpura Road, Udaypura, Bangalore 560082

ABOUT ART OF LIVING

The Art of Living Foundation is one of the largest volunteer-based NGOs in the world having a presence in 157 countries. Over 370 million people worldwide have participated in its various Programs. It is founded and inspired by 'Padma Vibhushan' Gurudev Sri Sri Ravi Shankar, world renowned humanitarian and teacher. It enjoys special consultative status with the ECOSOC of the United Nations, and is globally recognized for the outstanding work accomplished in the development of Human Values for the past 35 years.

The Art of Living Training Programmes are guided by Gurudev's philosophy of peace: "Unless we have a stress-free mind and a violence-free society, we cannot achieve world peace." Apart from various Training Programmes, the Art of Living Foundation has spread peace across communities through diverse humanitarian projects, including conflict resolution, disaster relief, sustainable rural development, empowerment of women, prisoner rehabilitation, education for all, and environmental sustainability. *Funds from the Training Programmes are used to sustain such humanitarian and social projects.*

The Art of Living is a multi-faceted organization with international headquarters located in Bangalore. It operates through some Trusts governed by various boards of independent trustees who are each appointed with a term of two years. All the accounts are regularly audited by an external auditor. Other than expenses, no trustee is entitled to benefits in terms of salary etc.

Art of Living Founder, Gurudev Sri Sri Ravi Shankar has been honored worldwide for his contribution to humanity. While 25 cities in the USA celebrate Sri Sri Ravi Shankar Days, he has also been bestowed 15 honorary doctorates by universities across the globe. Various governments the world over have honored him with highest civilian awards (partial list below):

- India: "Padma Vibhushan" – Second Highest Civilian Honor, New Delhi 2016
- Peru: "Diploma de Honor" by the National Congress of Peru, Lima, 2015
- Colombia: Highest civilian award, "Orden de la Democracia Simón Bolívar", 2015
- Paraguay: Highest civilian award, "National Order of Merito de Comuneros", Paraguay, 2012
- Russia: "Human of the World" Award, (bestowed by ANS Russia), 2011
- Honored by the city of Washington DC by proclaiming the week of his visit as 'Human Values Week', 2007
- Mongolia: "Order of the Pole Star", 2006 (The highest civilian award), 2006
- Canada: The "Humanitarian Award" by the city of Brampton, Ontario, 2006
- Russia: "Peter the Great" First Grade Award, 2006

Jishnu Barua, IAS
JOINT SECRETARY (S&Vig.- II)
TEL : 011-23093591
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सत्यमेव जयते

भारत सरकार
कार्मिक और प्रशिक्षण विभाग
कार्मिक, लोक शिकायत तथा पेंशन मंत्रालय
नॉर्थ ब्लॉक, नई दिल्ली - 110001
GOVERNMENT OF INDIA
DEPARTMENT OF PERSONNEL & TRAINING
MINISTRY OF PERSONNEL, PUBLIC GRIEVANCES
AND PENSIONS
NORTH BLOCK NEW DELHI-110001

D.O. No. 12017/02/2016-TNP (S)

Dated, 31st August, 2016

Dear Sir/Madam,

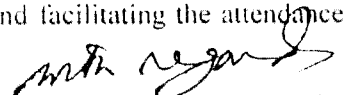
As you are aware Department of Personnel & Training arranges one week In-Service Training Programme for All India Service (IAS, IPS & IFoS), Officers working under Central Staffing Scheme and officers of Central Secretariat Service (CSS)/ Central Secretariat Stenographer Service (CSSS) (DS/Sr. PPS and above level) every year.

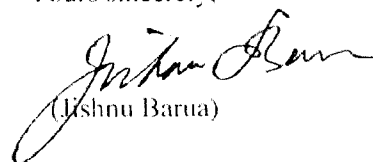
2. The calendar for the In-Service Training Programme 2016-17 has been finalized and uploaded in the website of this Department at www.persmin.nic.in. I am also enclosing a copy of the training calendar for 2016-17. I request you that the calendar may kindly be circulated among the eligible officers requesting them to submit their option before commencement of the course. All eligible IAS Officers are required to give their willingness through the Intra IAS portal and all other officers through the proforma linked at www.persmin.nic.in. IAS officers are requested to send mail mentioning their names, Allotment Year and Cadre to persinfo@nic.in for Username/Password related queries.

3. All AIS (IAS, IPS and IFoS) officers with minimum 4 years of service and up to the rank of Secretary to the Government of India/Chief Secretary and equivalent, Group 'A' officers working under the Central Staffing Scheme in the Government of India and officers of CSS/CSSS (DS/Sr. PPS and above) are eligible to attend the aforesaid training programme.

4. It is also requested that the officers may be encouraged to opt for those training programmes which are relevant to their current job as well as the kind of assignments they are likely to hold in future.

5. I solicit your kind cooperation for the successful conduct of the training programmes, by enabling wide publicity of the programmes amongst the officers and facilitating the attendance of a large number of officers in these programmes.


Yours sincerely,


(Jishnu Barua)

To

Chief Secretaries of all State Governments/ UTs (As per DoPT's standard list)



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का अधिकार

<http://persmin.gov.in>

List of Institutes for In- Service Training Calendar for the year 2016-17:-

S.No.	Programme Shortlisted	Institute	Tentative dates
1.	Fiscal Policy and Macro-economic management	National Institute of Public Finance & Policy(NIPFP), N. Delhi	19 th – 23 rd September, 2016
2.	Climate Change and State preparedness: Impacts, Vulnerability and Adaptation	The Energy and Resources Institute (TERI), New Delhi	26 th – 30 th September 2016
3.	Investigating Economic Crimes in Financial Markets	National Institute of Security Markets (NISM), Mumbai	3 rd - 7 th October, 2016
4.	Competition Law and Market Regulation	Indian Institute of Corporate Affairs (IICA), Manesar, Haryana	24 th – 28 th October, 2016
5.	Building Competencies for Personal Excellence in Public Governance	The Art of Living Foundation, Bangalore	7 th -11 th November, 2016
6.	Smart Cities	Housing and Urban Development Corporation Ltd. (HUDCO), N. Delhi	7 th -11 th November, 2016
7.	Social Policy and Governance	Tata Institute of Social Sciences, Mumbai	21 st – 25 th November, 2016
8.	The Sustainable Development Goals: Mainstreaming into the National Development Framework	The Energy and Resource Institute (TERI), New Delhi	28 th November – 2 nd December, 2016
9.	Fiscal Policy and Macro-economic management	National Institute of Public Finance & Policy(NIPFP), N. Delhi	5 th – 9 th December, 2016
10.	E-governance (opportunities and challenges)	Gujarat National Law University, Gandhinagar	12 th – 16 th December, 2016
11.	Building Competencies for Personal Excellence in Public Governance	The Art of Living Foundation, Bangalore	9 th – 13 th January, 2017
12.	Ethics in Public Services	IC Centre for Governance (ICCG), Panchgani	16 th – 20 th January, 2017
13.	Inner Engineering Leadership programme	Isha (Foundation) Yoga Centre, Coimbatore	23 rd -27 th January, 2017
14.	Leadership, Innovation and Good Governance	Tata Institute of Social Sciences, Mumbai	30 th January-3 rd February, 2017
15.	Developing Leadership Excellence	Tata Management Training Centre (TMTC), Pune	30 th January– 3 rd February, 2017
16.	Developing Leadership Excellence	Tata Management Training Centre (TMTC), Pune	6 th – 10 th February, 2017
17.	Innovations in Public Service Delivery	Administrative Staff College of India (ASCI), Hyderabad	6 th – 10 th February, 2017
18.	Development vis-a-vis LWE/Insurgency Issues	S.V.P.National Police Academy, Hyderabad	13 th – 17 th February, 2017
19.	Ethics in Public Services	IC Centre for Governance (ICCG), Panchgani	27 th February - 3 rd March, 2017
20.	Inner Engineering Leadership programme	Isha (Foundation) Yoga Centre, Coimbatore	Dates will be intimated in due course.

General Guidelines for In- Service Training Programme for AIS Officers (IAS, IPS & IFoS), officers working under the Central Staffing Scheme, Central Secretariat Service (CSS) and Central Secretariat Stenographer Service (CSSS) Officers.

This is one-week In-Service Training Programme for the year 2016-17 for AIS officers (IAS, IPS & IFoS), officers working under the Central Staffing Scheme and Central Secretariat Service (CSS) and Central Secretariat Stenographer Service (CSSS) Officers.

2. **Eligibility:**

- (a) AIS officers (IAS, IPS & IFoS)
- (b) Officers working under the Central Staffing in the Government of India.

With minimum of 4 years of Service up-to the rank of Secretary to the Govt. of India and Chief Secretary in the State Govt. and equivalent.

- (c) Central Secretariat Service (CSS) and Central Secretariat Stenographer Service (CSSS) Officers of the level DS/ Sr. PPS and above.

3. All the training programmes are residential in nature. Accommodation facility will be provided to the participants by the training institutes who are organizing the training programme.

4. The IAS officers are required to apply on-line through the Intra IAS portal. All other Officers are required to apply through the prescribed proforma available with these guidelines after obtaining approval of the competent authority of the Department/ Ministry/ State Government/ Cadre controlling authority concerned.

5. Officers who are due for retirement may not be sponsored for the training programme scheduled in the month in which they are due to retire.

6. The Officers can attend only one In-Service Training Programme during 2016-17.



Application for In- Service Training Programme for officers other than IAS
for the year 2016-17

Name	Service Cadre		Allotment Year Year of posting in the present post
Present Designation			
Ministry/Department			
Official Address			
Contact details	Office:	Mobile:	Email:
Eligibility: Minimum 4 years of Group 'A' service as on 01/04/2016.			
Date of joining/Appointment in Group 'A' Service			
Training programmes opted (in the order of preference)	(1)	(2)	(3)
Date:	Place:		Signature of applicant:

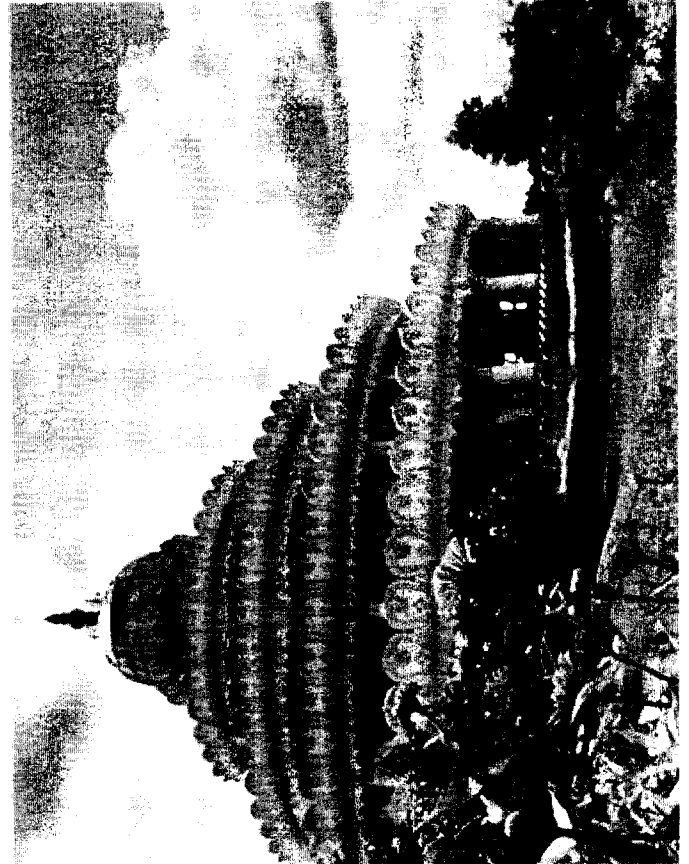
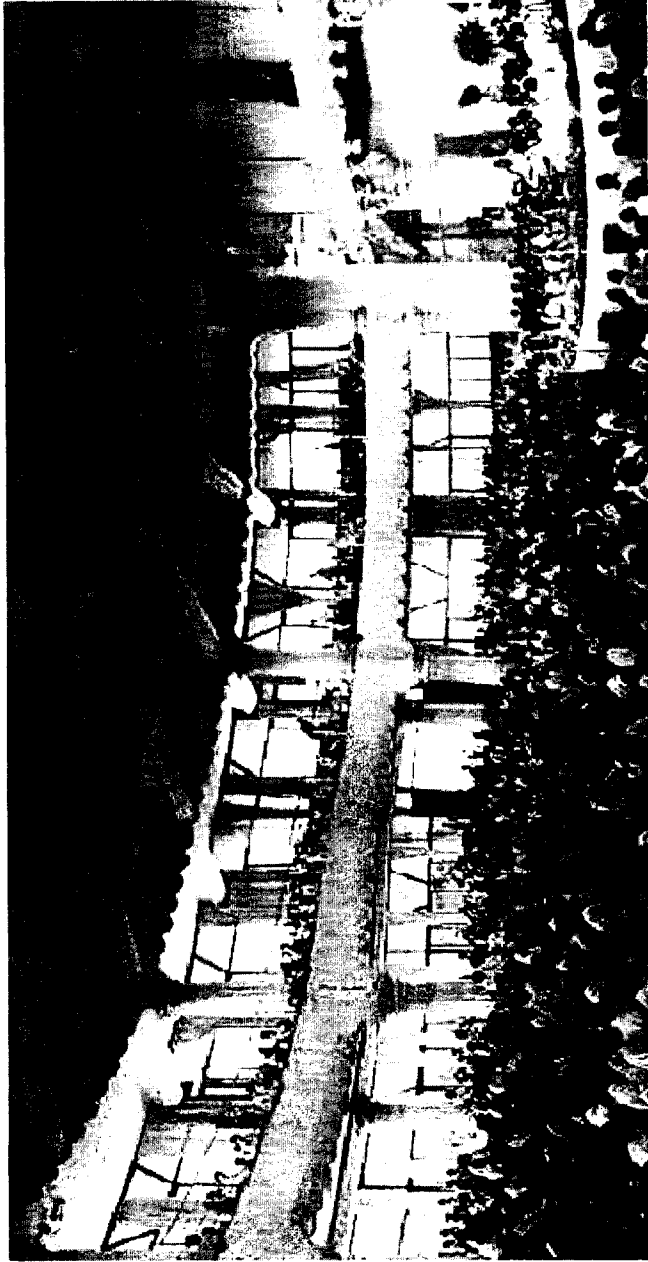
- ✓ It is certified that the officer has not earlier been nominated/attended any One-Week In-Service Training Programme during the calendar 2016-17.
- ✓ It is also certified that the details filled by the applicant in the form are correct as per official records.

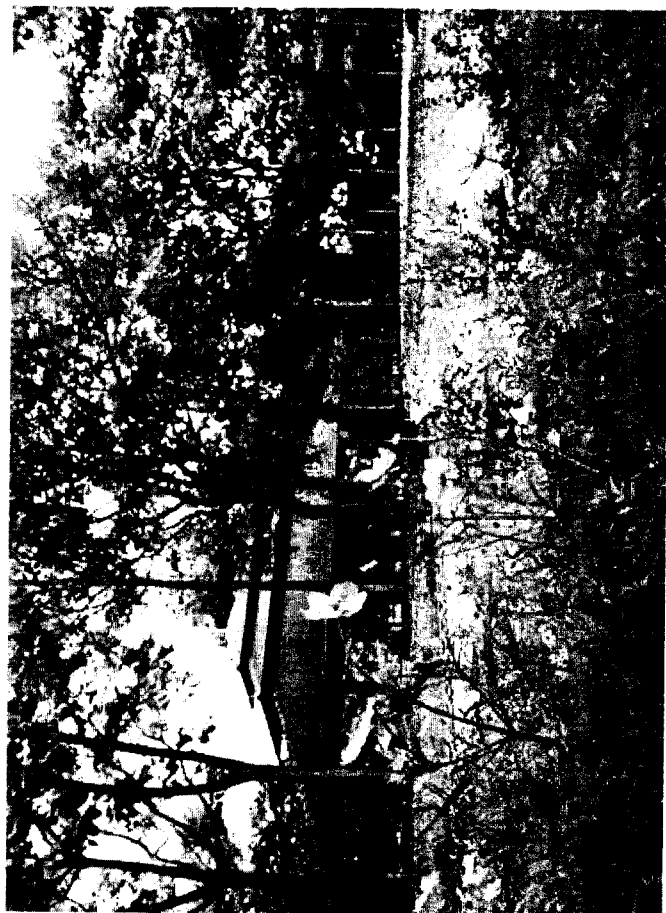
(Signature, Name & Designation of Controlling Authority)



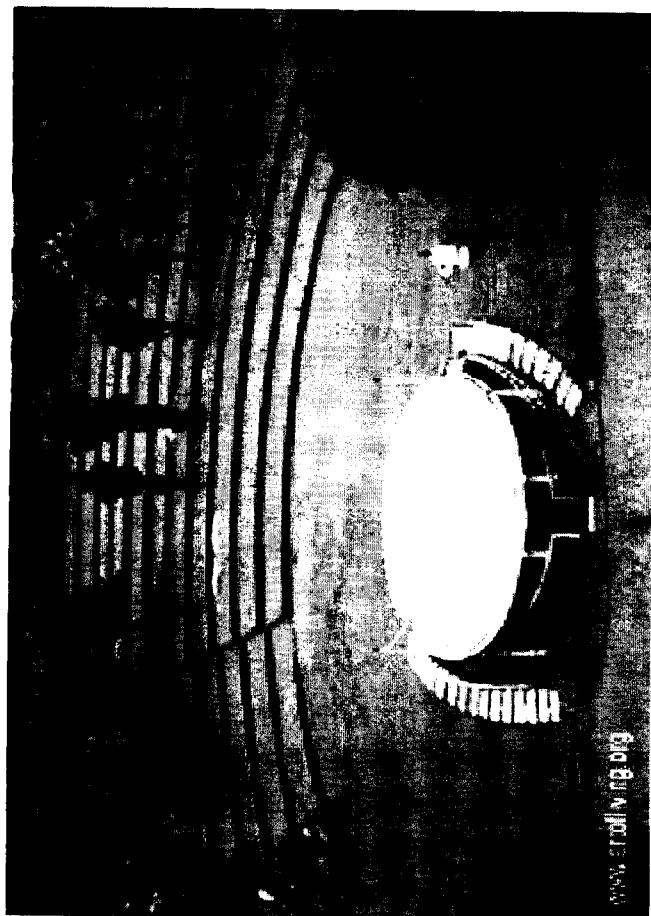
**Art of Living
International Center
Bengaluru**
(A pictorial walkthrough)

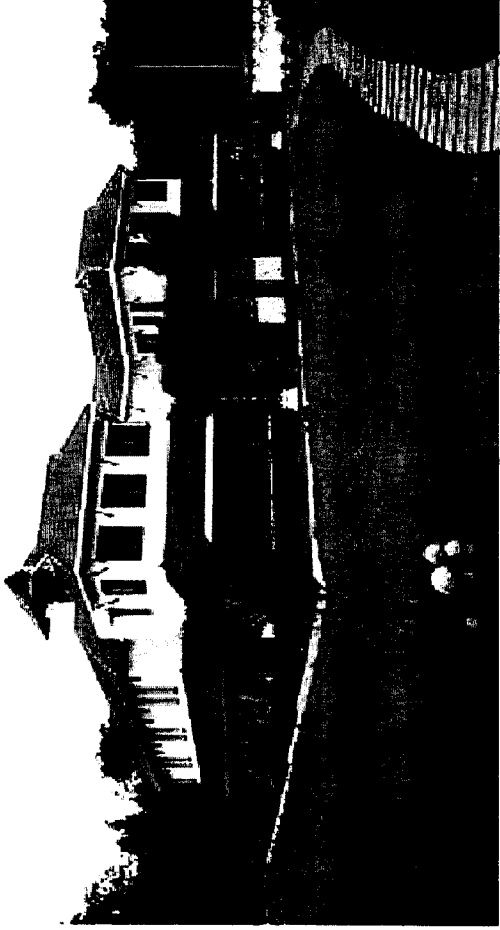
Central Training Hall





Amphitheaters and Open Spaces





Lush green, landscaped environs

